

eLILY2

eHealth Literacy Learning Skills among Nurses Working with Older People

APRIL 2021

ENGLISH VERSION

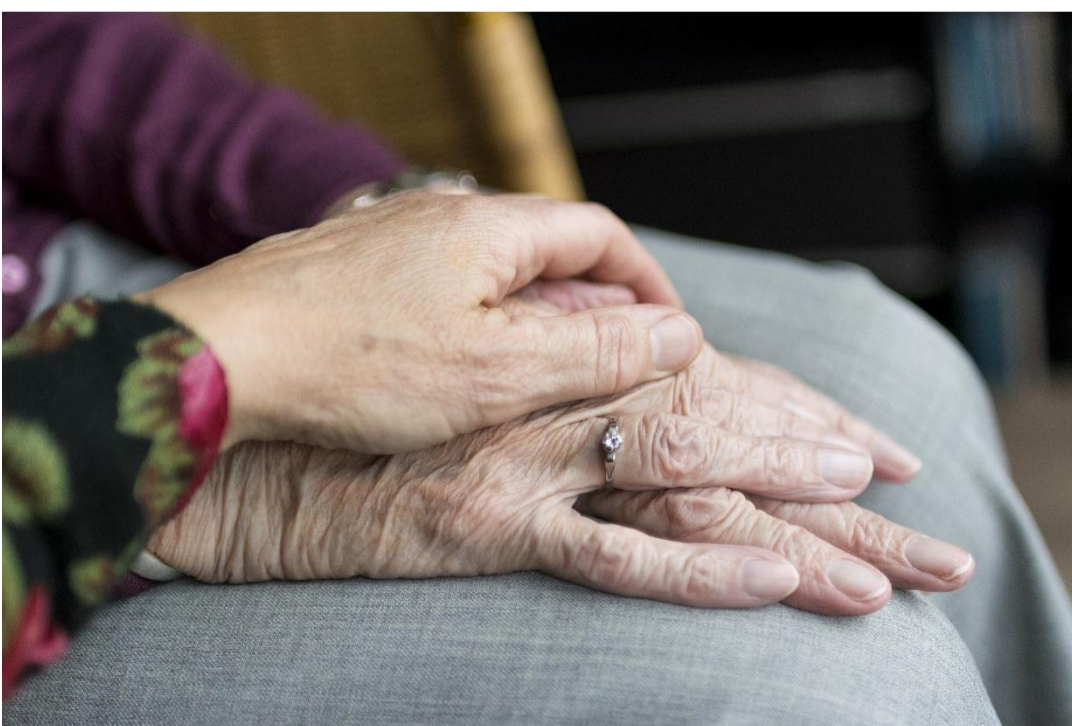
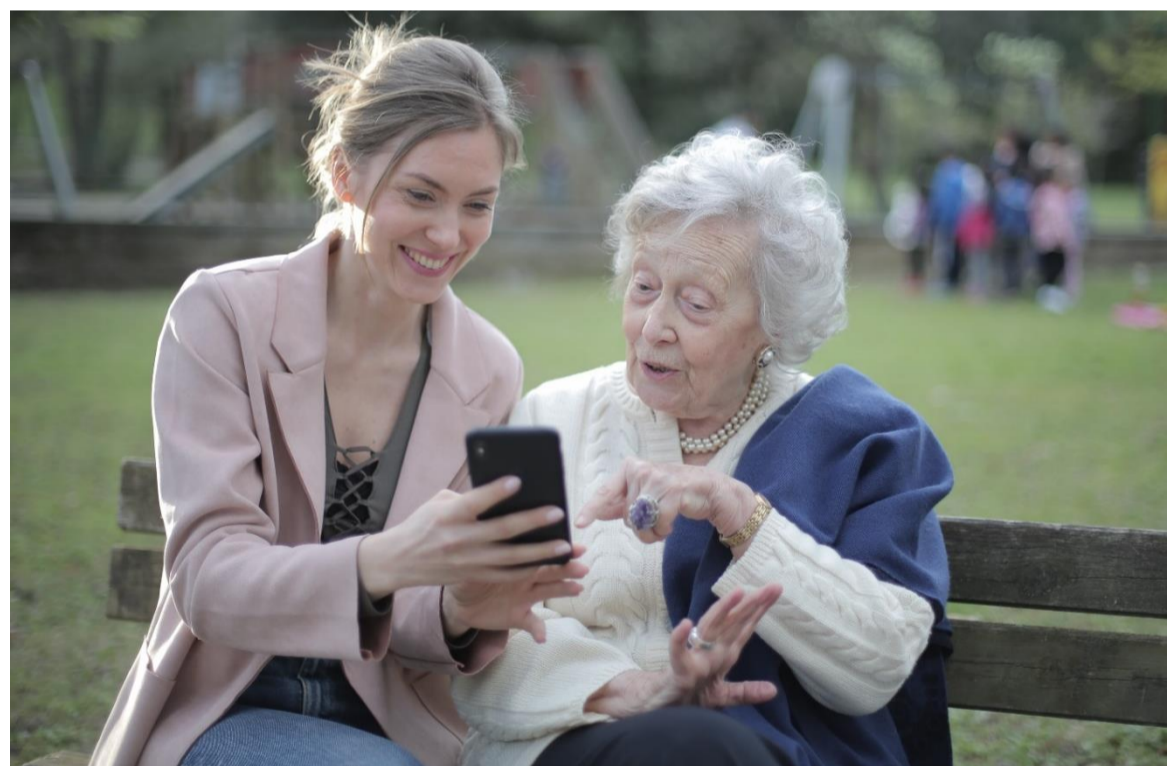


Co-funded by the Erasmus+ Programme of the European Union

2020-1-CY01-KA202-065962

eLILY2 PROJECT

The World Health Organization has defined health literacy as cognitive and social skills that determine the motivation and ability of individuals to access, understand and use information to promote health. It is an important factor influencing the health status of the population, but also the efficiency, economy, and quality of health care.

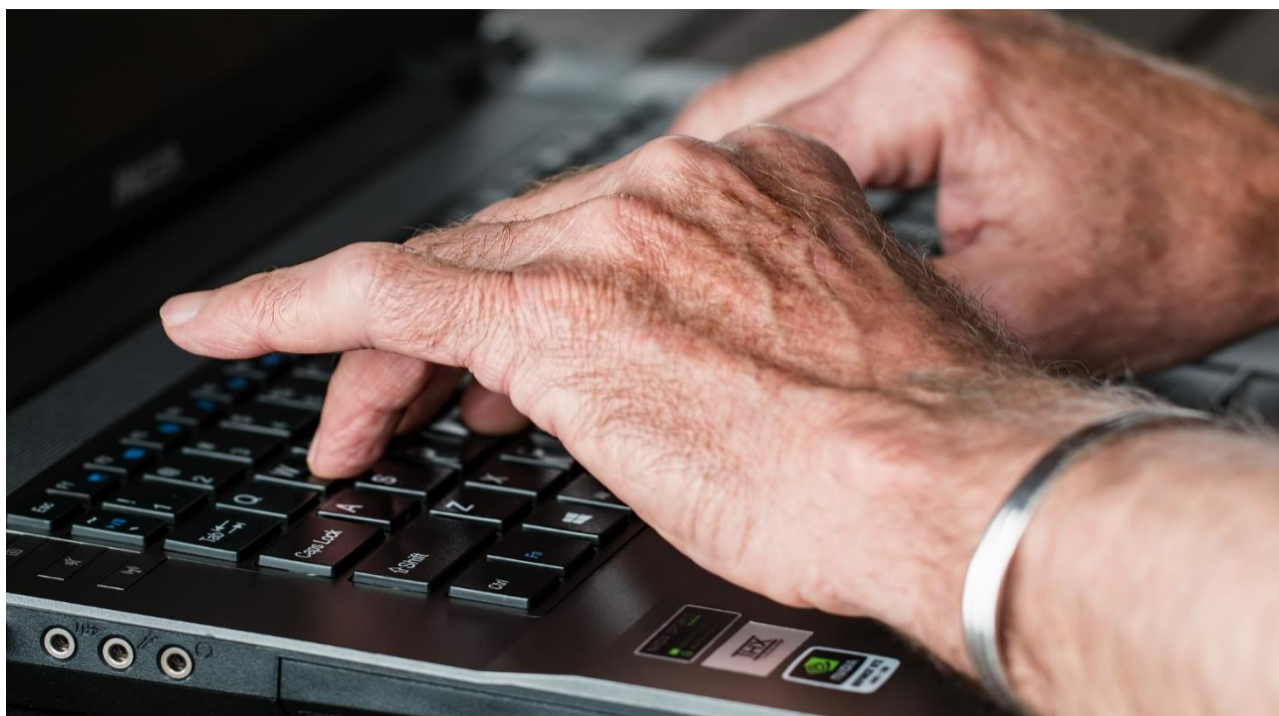


The aim of the ERASMUS+ project „eLILY2 – eHealth Literacy Learning skills among Nurses working with older people“ is to deepen the knowledge and skills of nurses caring for the elderly and nursing students in the field of health literacy through an educational program with the aim of:

- identify patients with limited health literacy,
- provide patients with information according to their level of health literacy,
- communicate appropriately with patients with low health literacy and
- improve the health literacy of seniors and their families.

The project was launched in October 2020 and will be implemented by September 2022.

The educational program will be implemented by a combination of face to face training and an e-learning course. All participating countries (Cyprus, Greece, the Czech Republic, Poland, and Lithuania) are countries with a low level of health literacy of the elderly population.



STARTING POINT

eHealth literacy is a priority for the European Union. It is therefore extremely important to promote people's access to health information and their ability to use it effectively. In particular, nurses working in a community setting are the first health professionals to come into contact with large groups of people, conduct assessments and recognize early signs of ill health and other problems, and act as guardians of health services.

In many cases, nurses face the concerns and pressure of a concerned family with insufficient levels of health literacy and ehealth literacy. People with low health literacy use health care services more, do not follow the treatment plan, stay in hospital longer, do not follow preventive strategies. The e-LILY2 project aims to train nurses caring for the elderly and nursing students on how to increase the health literacy of seniors and their families.

WE HAVE STARTED!!! ONLINE KICK OFF MEETING



On 18th and 19th November 2020 the two-days online kick-off meeting of the was realized. On the first day of the meeting, there was a joint welcome and introduction of individual partners: their background, focus on science, research, and the common theme of the project. Furthermore, the previous experiences of individual partners in working on European projects were presented. The Cyprus University of Technology presented the objectives and expected benefits of the project, financial management and its monitoring.

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The second day of the meeting was focused on specific steps in the implementation of the project - training methodology, e-learning course, implementation and evaluation of the blended learning course, best practices recommendations. As part of the work on the project, a new original project logo was created and a dissemination strategy presented by the University of Ostrava, the dissemination leader. The evaluation plan of the project was introduced by the National and Kapodistrian University of Athens, the evaluation leader.

DELPHI STUDY

The proposed content of the training program will be based on scientific evidence and expert opinions and will be implemented in three phases:

- based on the analysis of literary sources, suitable topics of modules focused on health literacy will be defined,
- according to the selected topics, a questionnaire / evaluation tool for selected experts will be created, through which they will evaluate the relevance of individual modules,
- distribution of the questionnaire to experts (nurses, trainers, nurses from clinical practice, nursing students, health literacy professionals).

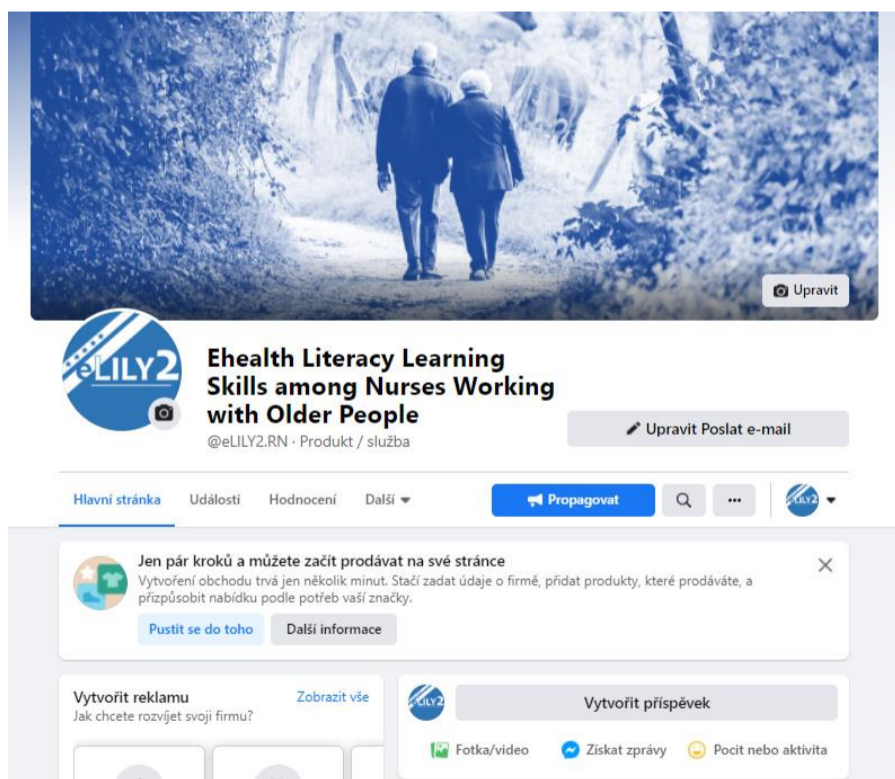
Based on the recommendations of experts, the contents of the modules will be modified and submitted for repeated assessment.

Information for public

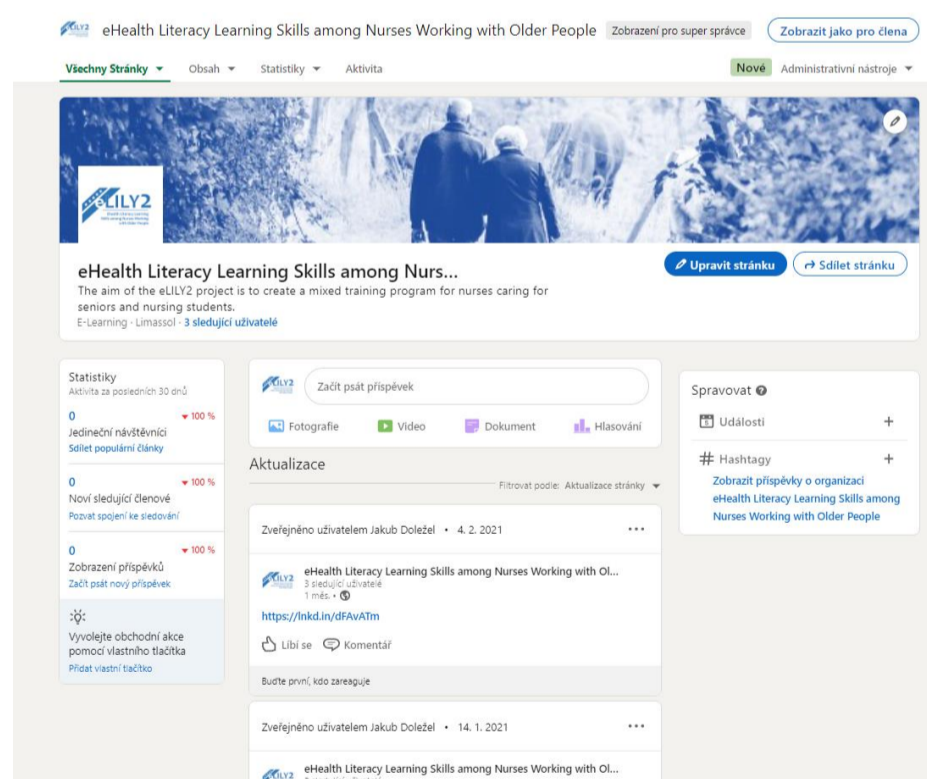
During the first six months of the project social media profiles were created to inform key groups and public. The first information about the eLILY2 project was published via Facebook and LinkedIn.

- www.facebook.com/eLILY2.RN
- www.linkedin.com/company/70434868/admin/

In addition, project website was created: www.elily2.com



Facebook project profile



LinkedIn project profile

A leaflet was also published. The leaflet of eLILY2 project contains basic information about the project (project logo, general objective, specific objectives), link to project Facebook page and project LinkedIn page. The leaflet was created in English language and translated into all partners' native languages: Greek, Czech, Polish and Lithuanian.

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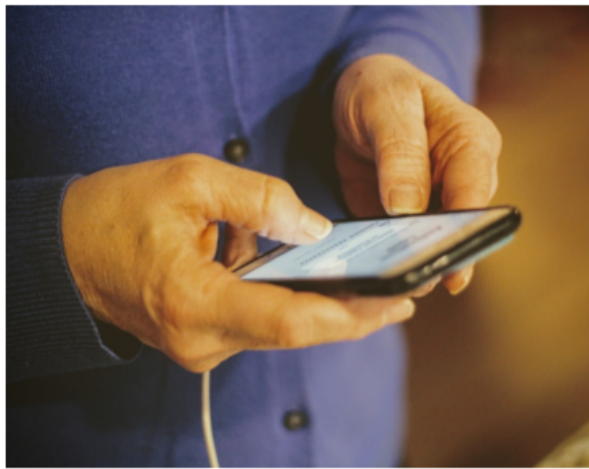
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MORE INFORMATION IS AVAILABLE AT:

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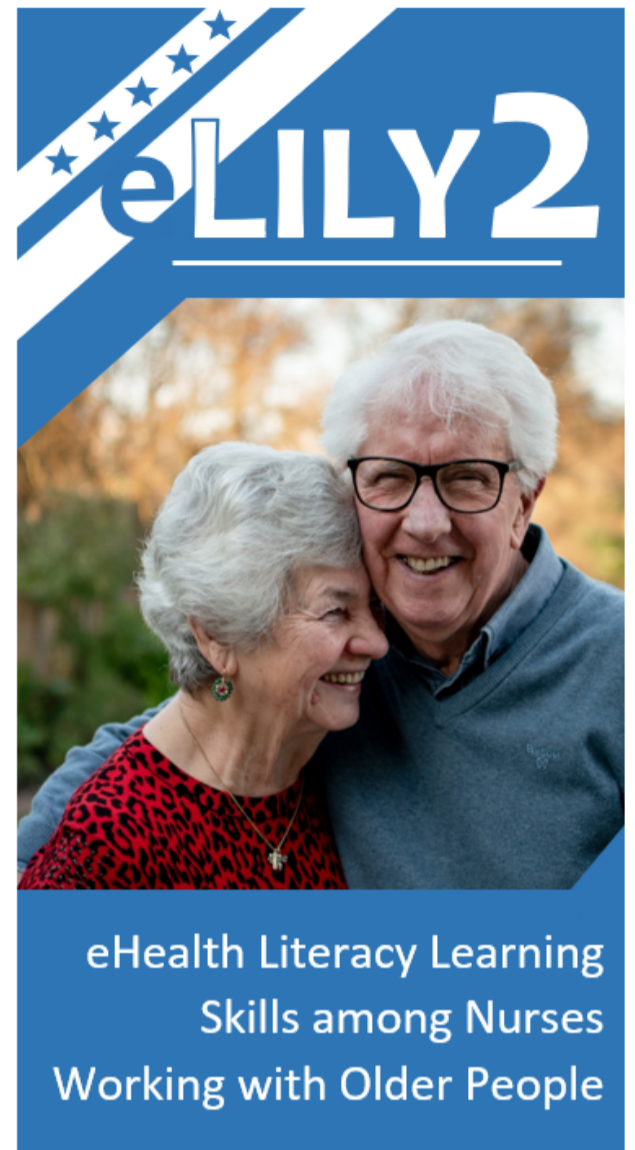
eHealth Literacy is a priority for the European Union

Health literacy is defined as the cognitive and social skills that determine the motivation and ability of individuals to access, understand and use information. It is therefore extremely important to promote people's access to health information and their ability to use it effectively.

Nurses working in community settings, are the primary health care professionals who come in contact with large groups of people, making assessments and recognizing early signs of poor health and other problems, and acting as gatekeepers for the Health care services. In many cases, nurses have to deal with patients and families with inadequate levels of health literacy and ehealth literacy.

People with low health literacy make higher use of healthcare services, do not follow treatment plans, stay longer in hospital, do not follow preventive strategies and have lower self-efficacy. The eLily2 project aims to train nursing students and nurses caring for the older people how to increase the health literacy of seniors and their families.

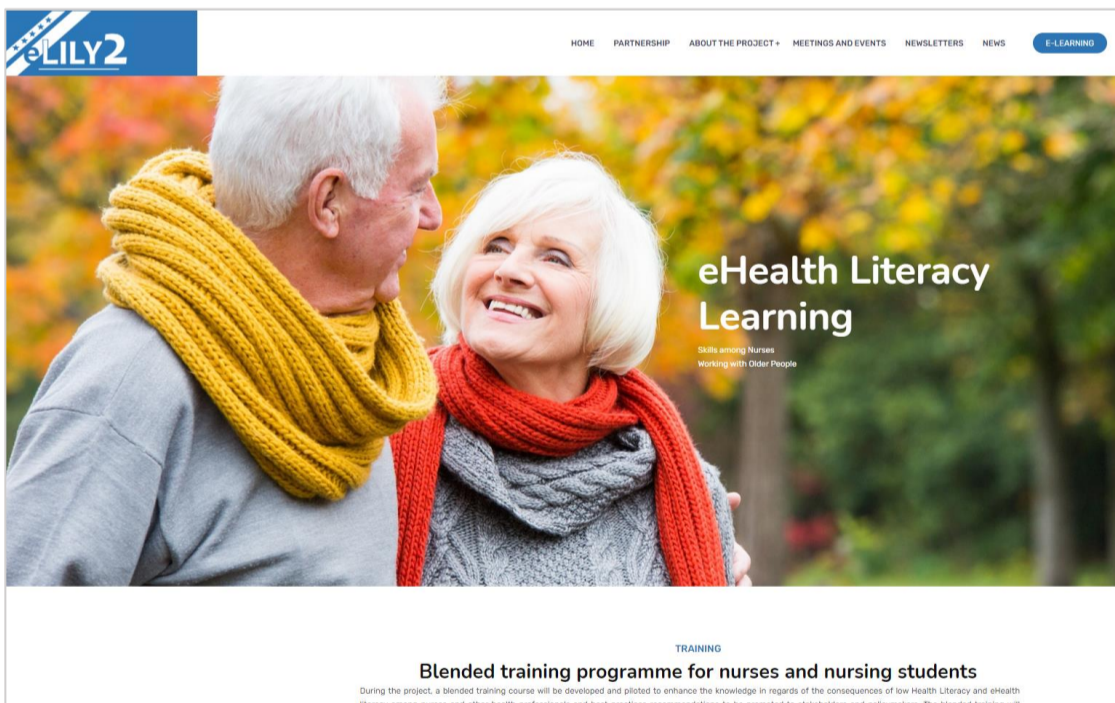
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Leaflet of eLILY2 project



WHAT IS GOING ON

The partners currently work together on the content of the modules for training of nurses and nursing students. The project website, which was created by the University of Ostrava in English language, will be translated, and modified into partners' languages and versatile use.



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